

CCSD Wraparound Services

Community Resources for Families

Counseling Telehealth Resources

<u>All About You</u> 702-754-0807	<u>Harmony</u> 800-363-4874	<u>Kayenta Therapy</u> 702-438-7800	<u>Southern Nevada Adult Mental Health</u>
<u>Calm Clinic</u> 702-848-2256	<u>Human Behavior Institute</u> 1-800-551-4483	<u>Legacy Health & Wellness</u> 702-942-1774	<u>The Healing Center</u> 702-505-1280
<u>Destinations for Teens</u> 702-605-9997	<u>Insight Therapy Solution</u> 702-685-0877	<u>Revival Therapy</u> 702-808-8141	<u>Trailways Health & Wellness</u> Multiple Phone Numbers
<u>Desert Parkway Behavioral Health Hospital</u> 877-663-7976	<u>ICAN</u> 888-828-6329	<u>Silver State Health</u> 702-471-0420	<u>WellCare Services</u> 702-291-7121

Educational Websites for K-12

CCSD Wraparound Services

Community Resources for Families

Elementary	Middle	High
www.abcya.com (EG)	www.coolmath.com (MT)	www.khanacademy.com (A,V)
www.brainpop.com (A)	www.diy.org (E,V)	www.prep4collegenow.com (CR)
www.starfall.com (L,MT)	www.readwritethink.org (L)	http://ed.ted.com (A,V)
www.kids.nationalgeographic.com (S)	www.okgosandbox.org (V)	http://artsandculture.google.com (E)
www.funbrain.com (EG)	www.khanacademy.com (A,V)	www.duolingo.com (E)
www.reading.ecb.org (L)	www.mathtv.com (MT,V)	www.ck12.org (HH)
www.seussville.com (L)	www.factmonster.com (HH)	www.gopeer.org (CR,HH,T)
		https://www.leopoldgreen.com/ (MT,S)

LEGEND

(A) - All Subjects	(EG) - Educational Games	(L) - Language Arts	(S) - Science
(CR) - College Resource	(H) - History	(MT) - Math	(T)- Tutoring
(E) - Electives	(HH) - Homework Help	(M) - Music	(V) - Videos

For additional educational resources and activities research The Mini Page on Facebook.

Free Classes/Apps

Yoga/Workout	Mindfulness Class	Coloring	Media
--------------	-------------------	----------	-------

CCSD Wraparound Services

Community Resources for Families

Classes		Apps/Activities	
www.downdogapp.com	www.mindfulschools.org	Color Therapy	www.virtualschoolactivities.com
www.beyouyoga.com		Pigment	Vegas PBS
Daily Workouts		Colorfly	
		52 Creative Ideas	

Hiring Now - Job Opportunities

Grocery Stores	Food	Other
Albertsons	Dominos	Amazon
Costcos	Pizza Hut	Chrysalis Las Vegas
Sam's Club	Pinkbox	Dollar Tree
Smart & Final	Papa John's	FedEx
Smiths		Lowe's
Walmart		Siegel Group Nevada
Vons		Support.com
		U.S. Postal Service
		7/11

For employment information: <https://www.reviewjournal.com/local/updated-whos-hiring-in-las-vegas-these-companies-are-adding-workers-1987184>

Self-Care Ideas

Watch Netflix	Organize your Pantry	Start a New Hobby	Paint	Learn a Language
Walk Your Dog	Baked Cookies	Work Out	Spring	Create a Tik Tok

CCSD Wraparound Services

Community Resources for Families

			Clean/Declutter	
Facetime a Family Member	Start a Puzzle	Meditate	Write a Letter/Send a card	Unplug from Social Media
Have a Dance Party	Stay Hydrated	Have a Spa Day	Try a sNew Recipe	Watch Something Funny
Color	Sew	Listen to Radio/Podcasts	Watch a Youtube Channel	Listen to Music
Phone a friend	Have a virtual party on Zoom or Google Hangout	Do a D.I.Y.	Garden	Play a game

Visit www.blessingmanifesting.com for additional self-care and self-love tips.

Senior Citizen Food Resources

Store	Day	Time
Albertsons	Tuesday & Thursday	7am-9am
Costco	Tuesday & Thursday	8am-9am
Dollar General	Everyday	The first hour of every

CCSD Wraparound Services

Community Resources for Families

		business day
Target	Wednesday	The first hour of every business day
Whole Foods		1 hour before opening to the public
Smith's	Monday, Wednesday, Friday	7:00 am to 8:00 am

Call Three Square Center at (702) 765-4030 if you need food assistance and/if a senior (60+) in need of home-delivered groceries.

Visit the School Social Work Association of America ([School Social Work Association of America](#)) for additional information, support and resources.